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FOUNDATION OF PATANJALI YOGPEETH

LAI IN HUSTON

The foundation stone for the first international center of Patanjali Yogpeeth and university was laid down at Huston, America at a cost of 45 lack dollars for the benefit of the people.

Huston is popular as a satellite and medical science center. This Ayurvedic and Yog education and research center spread across over 100 acres of land will offer yogic and Ayurvedic treatment for Americans. Swami Ramdev Ji Maharaj addressed the people present at the inauguration ceremony and said, "We also want that all the unhealthy people should become healthy. Yog is fully beneficial in achieving this and therefore it should not be overlooked. The western medical practitioners should think about the health building system with an open mind in stead of rejecting it."

Swami Ji said that there is a strong relation between Vedic knowledge and modern science. Therefore we have selected Huston city that is famous for medical science and education to set up the Yog center. This center will offer Vedic Gurukul facilities, herbal garden, and Yog classes for aged people, and Vanaprashtha ashram for old aged people, digital Vedic library and museum. This center will have research, medical testing facilities along with propagating Yog and pranayam. This center will be close to NASA, Saint Lucs, Heart Institute, Huston university and other scientific institutions. This will facilitate communication with these centers in case of need.

Positive results have come out with the clinical tests of Yog and pranayam. Yog is the ancient knowledge, which has helped in maintaining world peace, moral values and human values and is extremely necessary for the world today. Yog, pranayam are playing an important role in controlling diseases. However, allopathy is very important in case of emergencies like heart attack.

Revered Swami Ji aims to provide good health at international level. This has already begun through the medium of Yog and Ayurved. His objective is to bring back the status of world mentor for India.

Former President of India, A.P.J. Abdul Kalam had declared, "India will become world mentor again one day" and this seemed to be coming true when famous Hollywood actors, producers and directors were seen bowing down in front of two people dressed in saffron clothes. This program was organized in order to find out about Yog, Swami Ramdev Ji Maharaj and Swami Chidanand Maharaj Ji taught the intricacies of Yog to around 500 actors, producers, directors, writers, singers, and models of Hollywood. On this occasion, Swami Ji Maharaj taught the method of pranayam and also gave detailed lecture about Yog and pranayam.

A few words on the anniversary of Yog Sandesh

Yog Sandesh magazine based on Yog, spirituality, Ayurved, culture and values has completed five years on September 2008. The magazine published with the inspiration of revered Swami Ji Maharaj in 11 Indian languages has thousands of readers in India and abroad who have accepted it whole-heartedly and thereby accepted Yog. It was Herculean task to publish it without any source of revenue through advertisements. But with the blessings and inspiration of revered Swami Ji Maharaj, Yog Sandesh is helping in relieving diseases and reaping health benefits for millions. This has been possible with the support of our avid readers. I am confident that your love and support will continue in future also. Revered Swami Ji conveys his blessings to all the people associated with Yog Sandesh and Patanjali Yogpeeth directly or indirectly.

Acharya Balkrishan